



Photo by Mark Bates

Andrea Thayne shows her skills as a trapeze artist on one of the rides in Kiddieland. Kiddieland offered many activities for children to participate in.

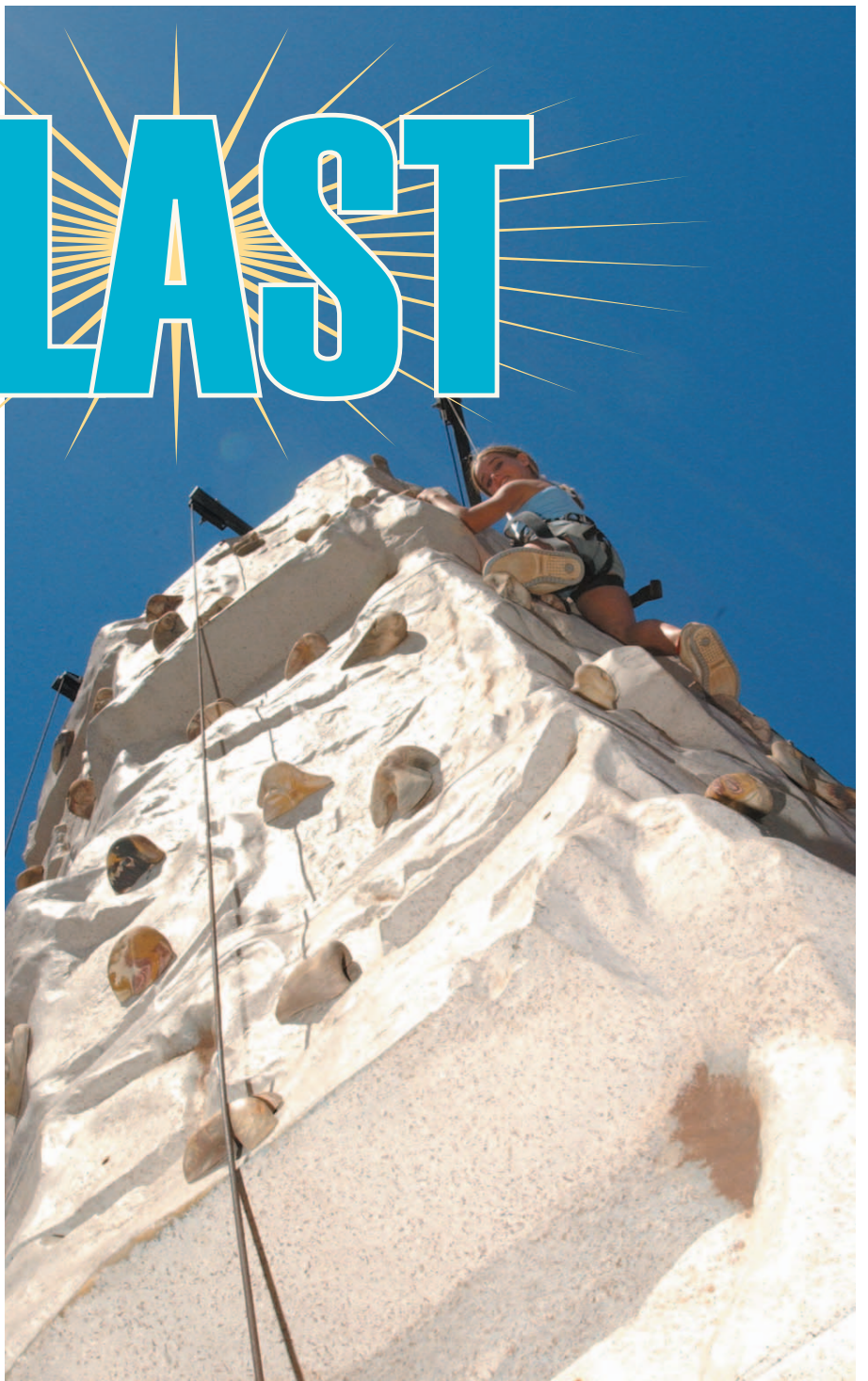


Photo by Mark Bates

Sarah Watson fears no heights as she scales the rock wall in Kiddieland Monday at Hickam Beach.

## Four-day event enjoyed by all

By Senior Airman  
Sarah Kinsman  
Kukini Editor

Swimming contest  
Fear Factor  
Build-a-boat contest

More than 4,000 people took part in the festivities on the beach this past weekend put on by the 15th Services Squadron Outdoor Recreation staff.

"The families enjoyed all the little events," said Pam Werling, outdoor recreation programmer. "It was about doing something they don't usually get to do. It was great to see the families interacting."

The various activities throughout the four-day weekend offered families an opportunity to meet other families and to compete for fun.

Although the event was put on by the outdoor recre-

ation staff, Ms. Werling says many more people helped.

"About twenty people from different units on base helped put this activity together," she said. "It was a complete base event, not just a services or outdoor recreation event."

This time of year is about giving back to the military people, said Ms. Werling.

"This event was for any military member, not just for Hickam members," she said. "We wanted to offer a fun event where people could be safe, happy and having fun."

Although most military installations around Oahu offered events during the holiday, Hickam's was a unique event because "it was directed toward the families," said Ms. Werling. "Overall, everything went really well. It's great when everyone comes in one piece and leaves in one piece."



Photo by Mark Bates

Boaters prepare for the beginning of the build-a-boat race Monday. Racers were given cardboard and tape and had to build a boat that could float while supporting two people.



Photo by Angela Elbern

Lori Hess finishes third place in the 500 meter swim Saturday at Hickam Harbor. The swim was the first event kicking off the four-day beach blast. Friday was open for campers.



Photo by Mark Bates



Photo by Tech. Sgt. Andrew Leonhard

Far left: Young Milani Herrera pets animals in the petting pen as her mother Stacey looks on. The petting zoo was another attraction during Monday's events. Left: Jacob, 6 months, swims excitedly toward his dad, Master Sgt. Joseph Thomas, 735th Air Mobility Squadron, while mom, Teresa, gives a little assistance.



AT THE MOVIES

Memorial Theater 449-2239 • CLOSED Monday and Tuesday

Friday and Saturday 7 p.m.

**THE LONGEST YARD** – Paul “Wrecking” Crewe was a revered football superstar back in his day, but that time has since faded. But when a messy drunk driving incident lands him in jail, Paul finds he was specifically requested by Warden Hazen, a duplicitous prison official well aware of Paul's athletic skills. Paul has been assigned the task of assembling a team of convicts, to square off in a big football game against the sadistic guards. With the help of fellow convict Caretaker, and an old legend named Nate to coach, Crewe is ready for what promises to be a very interesting game. It's only the warden and the guards who have no idea who or what they're up against, with Paul the driving force behind the new team. Starring Adam Sandler, Chris Rock, Burt Reynolds. Rated PG-13 (crude and sexual humor, violence, language and drug references).

Saturday 2 p.m. and Wednesday 7 p.m.

**KICKING AND SCREAMING** – Phil had to put up all his life with his overly competitive father, Buck. When Phil decides to coach his 10-year-old son's soccer team, he goes head-to-head for the league championship against Buck, who coaches his own young son on the preeminent team of the league. Old scores come into play as Phil and Buck find themselves going to extreme measures to win the championship trophy. Starring Will Ferrell, Robert Duvall. Rated PG (thematic elements, language and some crude humor).

Sunday 7 p.m.

**CRASH** – A Brentwood housewife and her DA husband. A Persian store owner. Two police detectives, who are also lovers. A black television director and his wife. A Mexican locksmith. Two car-jackers. A rookie cop. A middle-aged Korean couple. They all live in Los Angeles. And, in the next 36 hours, they will all collide. Starring Sandra Bullock, Don Cheadle. Rated R (language, sexual content and some violence).

Crossword Puzzle: Planes of the ‘90s and beyond

By 1st Lt. Tony Wickman  
Alaskan Command  
Public Affairs  
American Independence

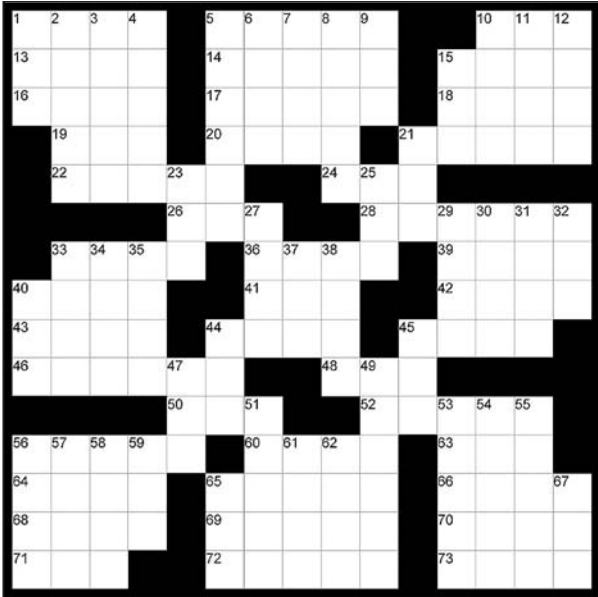
ACROSS

- 1. Slightly open
- 5. Native American people in Missouri/Kansas
- 10. Pacific continent, in short
- 13. Kimono
- 14. Musical instrument
- 15. Ancient Peruvian empire
- 16. Iranian currency
- 17. Snare drum
- 18. Immediately in the ER
- 19. Federal cryptology org.
- 20. Middle East inhabitant
- 21. Callow
- 22. T-6
- 24. Hurricane center
- 26. Former kingdom of Tunis ruler
- 28. F-22
- 33. Alaska town
- 36. Epochs
- 39. Lemon alternative
- 40. Gag
- 41. \_\_\_ Arbor
- 42. Oklahoma town
- 43. Mocks
- 44. This and \_\_\_\_
- 45. Free trade agreement,in short

- 46. Large boats
- 48. Flightless bird
- 50. Records, in short
- 52. Molecules
- 56. Agenda
- 60. Paves a road
- 63. Swab the deck
- 64. Cain's brother
- 65. Range
- 66. Away from the wind
- 68. Christmas carol
- 69. Examination
- 70. RQ-4 Global \_\_\_\_
- 71. Barbie's friend
- 72. Questioner
- 73. Rear

DOWN

- 1. Flight info.
- 2. E-8
- 3. Crush
- 4. Loosen
- 5. Gas pump number
- 6. Char
- 7. Actress Jessica
- 8. C-17
- 9. Runway ending, in brief
- 10. Against
- 11. Future combat system \ X-45
- 12. Fulfill
- 15. A rose \_\_\_ rose...
- 21. Teacher's org.
- 23. Honest \_\_\_, Lincoln nickname
- 25. What wks. lead to
- 27. Cheer



- 29. Defendants' response to charges
- 30. Hue
- 31. Forget
- 32. \_\_\_ Sea
- 33. California wine valley
- 34. Oil cartel
- 35. Lattice
- 37. Cell genetic info
- 38. Poker bet
- 40. T-1 \_\_\_hawk
- 44. Kitchen meas.
- 45. To destroy, as a fire
- 47. Give affection, in short

- 49. See 8 DOWN
- 51. See 2 DOWN
- 53. D-Day beach
- 54. Tooth
- 55. Erupts
- 56. Army vehicle
- 57. Musical instrument
- 58. Hammer part
- 59. Sick
- 61. Madly
- 62. Bumpkin
- 65. College student concern
- 67. \_\_\_! A mouse!

See SOLUTION, B4

Team Hickam History: The Air Force’s most historic airfield

**July 13, 1913** – The first military airplanes and aviation personnel arrived in Honolulu. Army 1st Lt. Harold E. Geiger brought with him 12 enlisted men, a civilian engine technician, and two Curtiss seaplanes to establish a flying school at Fort Kamehameha.  
**July 14, 1941** – The Hawaiian Air Force Head-

quarters moved from Fort Shafter to Hickam Field.  
**July 13, 1949** – The new Memorial Gymnasium at Hickam AFB was officially opened with a basketball game and a program during half time.  
**July 10, 1950** – A meeting of all Personal Affairs people was held at Hickam's Theater number one to discuss

plans for updating all personal affairs files in view of the Korean emergency.  
**July 8, 1963** – President John F. Kennedy visited Hawaii. Although he landed at the Honolulu International Airport rather than Hickam AFB, 14 airmen from the

6486th Air Police Squadron were detailed to assist with security and traffic control.  
**July 12, 1972** – Iris Kabazawa of Waimea, Kauai, became the first “Island girl” (and non-prior service female) to join the Hawaii Air National Guard.

Other first WAFs to join the HIANG in 1972 included Lt. Barbara O'Hare and A1C Phyllis Dickens.  
**July 13, 1976** – A time capsule was sealed in the entrance to 15th Air Base Wing Headquarters. The capsule was scheduled to be

reopened in 100 years.  
**July 11, 2003** – The 15th Maintenance Group (15 MXG) was inactivated at Hickam. With the advent of contractor-supported aircraft flown by the 65 AS (the C-40 in 2002, the C-37 in 2003).

# Island Divers offer kids class

Island Divers Hawaii (located under pool one, next to the gym) has a variety of courses for divers of all ages and experience.

The PADI 5 star dive shop has just introduced a Bubble-maker program specifically designed for kids ages 8 and up. The course is being offered every Saturday and is a fun way for kids to get involved in diving, learn about the underwater environment and experience scuba under the supervision of a PADI Instructor.

The weekly class cost is only \$45 and includes a fun kit with stickers, a towel and a completion certificate. Follow up sessions can be scheduled for \$25 and help keep your kids active and busy all summer long!

For those a little more adventurous, there is a Junior Open Water program. The JOW class is an offshoot of the “grown up” Open Water Certification and is custom built for children between the ages of 10 and 14. It will allow children to dive to a maximum depth of 40 feet within the supervision of a

PADI professional.

There’s lots to see just off our costal waters and an encounter with a Sea Turtle is almost guaranteed, said Matt Zimmerman, owner of Island Divers Hawaii. “I’ve found that training children is one of the most rewarding aspects of my job” he said Zimmerman also stresses’ scuba provides an exciting avenue for parents and children to engage in a fun, healthy activity together.

Not certified to dive yourself? No problem! IDH has weekly courses for the big kids too. Give em a call at 423-8222 or drop by between 6 a.m. and 8 p.m. Short on time? No worries! Open Water Courses can be completed in as little as three days.

Let the friendly staff assist you and browse some of the latest innovations in scuba. Look for the dive flag above the pool and inquire within. Come with questions and the staff members will provide answers and help with honest, straightforward information. It’s officially summertime now, get out and dive!



Photo by Maj. Tracey Saiki

## ***Kenney Headquarters fun in sun***

**A gathering of 400 Kenney Headquarters members and their families came together to celebrate the first KHQ family barbecue at Hickam Beach June 30. Capt. Larry Stoops, 26th Air Intelligence Squadron resource advisor, and his family enjoy food, music and fun with relatives visiting from San Antonio, Texas. “Kenney Headquarters is the place to be. Not just in the Pacific, but in the Air Force,” said Lt. Gen. Gene Renuart, KHQ commander and Pacific Air Forces vice commander. “Establishing the Air Force’s first warfighting headquarters in the Asia-Pacific region is challenging. I’m fully confident our journey toward evolving into a fully operational joint air component for Pacific Command and PACAF will be successful. Most importantly, I know we couldn’t do this without the caring support of our families and friends. They keep us balanced in our lives so we can be more effective in our jobs. I thank you all.”**



# Hickam Heroes

## Michelle Simmons

15th Services Squadron



**15th Services Squadron rocks because:** 15th Services provides morale, welfare, and recreation to service members and their families. Service's has a great bunch of people who are dedicated to improving quality of life to not only active duty, but retired and DOD civilians. This includes child care, recreational activities, dining facilities, auto repair, veterinary and so much more!

**My job affects all of Hickam in that:** One of my new programs in the training department is promoting excellent customer service. I get the opportunity to put together programs that are implemented in a squadron of 800+. Not only do these programs affect our squadron but the real impact is to the entire community. Boosting morale and creating a culture of caring for our customers will enable us to improve our quality of life programs and facilities.

**When not at work I spend my off duty time:** Spending time with my family and enjoying the beautiful Hawaii weather, hanging out at the beach and just enjoying our children Kaitlynn and Kyle.

**Something people don't know about the 15th Services Squadron:** We are a unique squadron in that we provide both Community Support and Combat Support. We have a large population of NAF employees but we also have a dynamic group of active duty service members who support all branches of service in combat zones.

**If I could change anything about Hickam, it would be:** I don't know it is so beautiful here. Why mess with paradise.

**What her supervisor says:** Her drive for excellence sets her apart from others. She comes in every day wanting to get the job done and 100 percent accurate. She maintains training records for more than 800 people.

Master Sgt. Raul Pira, 15th SVS

## Master Sgt. Ronilio Ordonaz

15th Comptroller Squadron



**15th Comptroller Squadron rocks because:** of the people I work with. My supervisors take good care of me.

**My job affects all of Hickam in that:** I supervise the people responsible for everyone getting paid on time. I guess you could say I'm also responsible for keeping people happy on base.

**When not at work I spend my off duty time:** fixing up my yard and playing golf. I also enjoy going to the beach and spending time with my family.

**Something people don't know about the 15th Comptroller Squadron:** We get phone calls with people asking questions that are supposed to be answered by military personnel flights. Another thing is our volleyball team is getting

better. We will be the champs next year.

**If I could change anything about Hickam, it would be:** I have no complaints. This is a great place to be stationed. They should allow me to stay for the rest of my career.

**What his supervisor says:** He's the number one senior non-commissioned officer. He knows everything about finance. He is familiar with everything around the office. If you have a question, he is a one-stop go-to guy. He doesn't shy away from work and doesn't turn anyone away when they need help.

2nd Lt. Anita Guevara, 15th CPTS





# Tennis

## Hickam's inaugural tournament deemed success, inspired hope for future intramural sport enthusiasm

By Cadet  
Andrew Vasquez  
15th Airlift Wing Public Affairs

In the spirit of Wimbledon and the Fourth of July weekend Hickam's Sports and Fitness Center decided to host the inaugural tennis tournament on Hickam's new, courts built behind the fitness center.

Several Team Hickam members showed up for the inaugural event. Participants showed up with excited anticipation for the games to begin. They were very optimistic about future growth in the base tennis community.

The tournament began July 1 and lasted through Saturday afternoon. There were many close, hard-fought games throughout the two days, including the championship matches. In the men's Open Division Gene Renuart defeated Jae Paulsen 6 to 4 and 6 to 3. In the men's B Division Judd Mirasuentes defeated Rojaf Garza 6 to 1 and 6 to 2. Finally, in the women's open division, in a tight, grueling match, Samantha Chavez defeated Lauren Jones 7 to 6 and 7 to 6.



Photos by Mike Dey

**Andre Everett volleys a ball back as he plays the first game in the tennis tournament against Gene Renuart, Pacific Air Forces vice commander and Kenney Headquarters commander July 1. The tournament began shortly after a ribbon-cutting ceremony opening the new tennis courts behind the base sports and fitness center.**

When asked about the current status of tennis' popularity, one of the eight competitors in the men's open division, Patrick Baughan of the 65th Airlift Squadron said, "Right now tennis seems to be a dying sport so hopefully events like this

will spark the interest of more people to begin playing."

Another participant, Rene Barajas, 15th Communications Squadron, mentioned he would like to see a "tennis-ladder form, a list of names and phone numbers

of those around the base who enjoy playing."

This ladder would allow for those who have no partner to play against to set up games with others and give everyone in the tennis community a variety of players to choose from as well.

Gary Webb, Pacific Air Forces Regional Supply Squadron, another player in the tournament, is a strong advocate of holding more tournaments such as this one and hopes that in the near future tennis will become an intramural sport. He firmly believes that tournaments and intramurals are vital to the potential spread of tennis fervor around Hickam.

Amidst the hype, the competitors were anxious to begin playing.

An energized Webb said, "I'm really pumped and excited to get out there and play in a competitive environment."

This tournament will be held once a year from now on and only time will tell whether or not tennis will be instated as an intramural sport.

The well being of tennis on base is important to many, including the fitness center staff who plans to invest even more in the sport in order to help provide an above average tennis environment for those who enjoy playing, and for those who decide to become a part of the tennis fever.

People interested in playing tennis or learning how to play tennis can call the base tennis coordinator, Ty Aki at 422-5092. Lessons are available for anyone interested.



**Renuart serves the first ball over the net during the opening ceremonies of the new courts. Renuart won the men's open division. Four courts were built behind the fitness center in the hopes people will get excited about the sport and hopefully add it to the intramural schedule.**



**Everett was one of more than 10 men who competed in the inaugural tournament. Several women participated in the event as well.**

## New courts open for play

*Courts spark tennis enthusiasts hopes for intramural sport*

By Senior Airman Sarah Kinsman  
Kukini Editor

Hickam opened four new tennis courts during a ceremony July 1.

The courts were built in hopes that the sport will become more popular.

"Adding these quality courts right next to the fitness center is a great deal," said Col. Bill "Goose" Changose, 15th Airlift Wing commander. "We hope to revitalize our tennis program this fall by adding it to the intramural calendar."

Although Hickam has other tennis courts, these new courts are great quality and just the beginning of the sports and fitness complex.

"You've got to have decent quality courts or people will go somewhere else to play," said Lt. Gen. Victor Renuart, Pacific Air Forces vice commander.

These courts were built with the plan in mind to tear down the courts beside Pool 2.

"We'll use that space to support the swimming pool parking," said Doug Giannetti, Hickam Fitness Center director. "Having these good quality courts will hopefully get some enthusiasm for tennis."

The courts are open to all of Team Hick-



Photo by Mike Dey

**Lt. Gen. Gene Renuart, Pacific Air Forces vice commander, and Col. Bill "Goose" Changose, 15th Airlift Wing commander, open the new tennis courts during a ceremony July 1.**

am. Active-duty members can reserve a court two days in advance and all others may reserve a court one day in advance by calling 449-1044.

To ensure the quality of the courts stays high, the courts will be used solely for tennis.

"No squadron PT will be allowed on these courts," said Mr. Giannetti.

Until the courts get proper lighting, they will only be open during daylight hours.

For more information or to reserve a court, contact the fitness center at 449-1044.

## Fitness safety: People should be careful when exercising

Airman 1st Class  
Joey Honahan  
15 Airlift Wing Safety Office

Exercise is a necessity in today's society of dining out and watching television. Military members must have the stamina and endurance to withstand many arduous days of work and a good workout and diet are key to success.

Remember, if someone gets hurt while working out, daily tasks cannot be completed and the mission may fail. Here are some helpful hints to prevent injuries while weight-training in

the gym.

One of the first things to remember when weight-training is warming up your muscles. It is recommended to do a warm up set before each exercise you do. Not only are you warming up your muscles, but you are also warming up the joint structures in the exact mechanics unique for that particular exercise.

In addition, the warm up set can give you an opportunity to rehearse your motor skill on that specific exercise ideally allowing you to perform the subsequent set(s) in better form. It is not necessary to do a warm up before

each set, just the particular exercise you are doing the sets for.

Another very important thing to remember when weight-training is to set realistic goals. It is very important to begin lifting an amount of weight you are comfortable with. The point of your weight-training is to better your physical fitness, not to hurt yourself trying to lift too much weight.

It is recommended to start with light weight and high repetitions. As you become comfortable at a certain weight and can do a fairly high repetition of 12 or more reps, consider adding more

weight. Of course this may vary depending on what type of lifting you are participating in. Always remember, trainers are available at our Air Force gyms and can help you at any time.

Another thing to remember is to always use your wingman, alias: a spotter. A spotter can assist you and can provide the added comfort and support you need to finish your workout. Maximize your workout and allow your spotter, to spot you to complete the last few struggling repetitions.

Last but not least, hydrated when you are lifting or doing any

kind of physical activity. When a muscle contracts, the concentration of electrolytes such as potassium and sodium ions changes in your muscle. A change in the amount of water in your body might cause the concentration of your electrolytes to be out of balance which could cause muscle cramping. OUCH!

As military members, it is our duty to be "Fit and Ready to Fight." Be sure to participate in some form of physical activity, drink plenty of water, stay away from cigarettes and alcohol and above all else, do it safely and be ready to fight when duty calls.





Photo by Mike Dey

***Pineap-hole putt***

Former Air Force Office of Special Investigations Commander Colonel Miller (Ret.) lands a perfect putt during the Pineapple Classic Golf Tournament held at Mamala Bay June 28.

**Chance meeting renews 35-year-old friendship**

**Story by Sgt. Adrian Schulte**  
Combined Joint Task Force-76 Public Affairs

“Where are you from?”

It’s a common question asked and answered by countless service members every day around the world. For two troops, however, the answer would take them down a memory lane 35 years long.

Both decided to serve their country, one in the Air Force, one in the Marine Corps. After joining, they both became aviators, flying helicopters for their respective services. They both have risen to the ranks of lieutenant colonel and have both found themselves serving in the far off land of Afghanistan. And they were classmates together ... at East Brady Elementary School in the tiny town of East Brady, Penn.

About 35 years ago, Air Force Lt. Col. Tim Reichart and Marine Corps. Lt. Col. Larry Stewart, parted ways as Stewart's family moved to Brookeville, about an hour away. Then early June, two men, who thought they had never met, began talking about what troops routinely talk about, where they were from.

The chance meeting happened at Bagram Airfield, Afghanistan. The two men were part of the same mission. They were to be inserted by helicopter on the top of a 10,000-foot peak where an Afghan airliner crashed in February. Reichart, who is the director of operations of the joint personnel recovery agency, was going up the mountain to oversee the recovery of remains that were still on the mountain. Stewart, who is a planner with Combined Joint Task Force 76, was headed up on the mountain to examine the area for possible use as a future training site for high-altitude operations.

The two gentlemen were standing on the flight line at Bagram chatting and passing time while waiting for the weather to clear up for the helicopter ride.

“Stewart mentioned that he was from Pennsylvania,” said Reichart. “He mentioned a town probably an hour away from me and I said, ‘Wow. I live in East Brady.’ He said he used to live there. I looked at his name tag and



Photo courtesy of Lt. Col. Tim Reichart

**Air Force Lt. Col. Tim Reichart (left) and Marine Lt. Col. Larry Stewart, stand atop Hill 3070 outside of Kabul, Afghanistan, during a June 19 mission there. The two elementary-school classmates were reunited after 35 years while deployed to Afghanistan.**

figured out who he was, but I hadn't seen him in about 35 years.”

“We had been through a few briefings together, but it just never clicked,” said Stewart. “We went to the same church and the same school. I hear about him all the time. My whole extended family is still in East Brady, so I go back there a lot. And I hear, ‘Hey have you seen Tim Reichart around? Naw, he joined the Air Force, and I joined the Marine Corps and kind of went separate ways.’ But every time I went back, somebody would ask me about him. I would hear where he was stationed, but I didn't think I would ever see him again.”

Reichart still owns a home in the small town of a little more than one thousand people. His parents, Bob and Gloria Reichart, still live there. He is currently stationed at Fort Belvoir, Va. Stewart, who is stationed out of Okinawa, Japan, has a grandmother, Dorothy Wimer, who still lives in Brady. His parents, Jude and Sharon Kendra, live nearby in Brookville.

Stewart now, however, has another reason to visit East Brady – to rekindle a friendship that is more than a quarter-century old.

“He's given me his address now,” said Stewart. “and every time we go back to East Brady, I’ll go swimming in his pool with my kids and help him work on his house”